

Noodles

- N1 冷面 Cold Noodle 7.5
Cold green-tea noodles tossed with sesame sauce
- N2 Soba Zaru Soba 7.5
Cold buckwheat noodles topped with dried seaweed flakes, with a mild, sweet wasabi dipping sauce
- N3 Udon/Soba汤 Udon or Soba Noodle Soup 11
Japanese thick udon or thin buckwheat soda w/firm tofu, seaweed, spinach, carrots & mushrooms, in miso broth
- N4 新加坡米粉 Singapore Mei-Fun 11
- N5 炒乌冬/soba Yaki Udon or Soba 12
Japanese style stir-fried noodles w/shredded vegetables & browned tofu: thick udon or thin buckwheat soda noodles
- N6 泡菜炒乌冬 Kimchee Yaki Udon 12
Spicy stir-fried udon with soy protein, mushrooms, scallions and kimchee cabbage
- N7 拍太 Pad-Thai 12
Flat rice noodles sauteed in a light spicy sweet sauce, with browned tofu, bean sprouts, scallions and crushed peanuts
- N8 番薯面 Jap-Chae 11
Korean-style stir-fried sweet potato noodles with spinach, veggie fish-cake, scallions, mushroom and bell peppers

Rice & Rice Bowls

- N9 菠萝炒饭 Pineapple Fried Rice 10
Brown rice sauteed with sunflower seeds, broccoli, browned tofu, green bean, topped with diced avocado
- N10 南瓜饭汤 Pumpkin Gazpacho Bowl 10
Hot hearty, and spicy w/avocado, tomato, rice, Kimchee, cilantro, in pumpkin puree
- N11 宏碗 Macro Bowl 12
Steamed pumpkin, chick peas, kale, black seaweed, broccoli, carrot and tofu on a bed of brown rice w.mint chutney sauce

Hot & Spicy or Seasoned According to Taste

- N12 Bi-bim Bap Bi-bim Bap 15
w/pumpkin soup appetizer Korean-style coconut-rice bowl topped with seitan, avocado, green & black seaweed, chick peas, spinach, mango salsa & Kimchee, sesame & Kimchee sauce
- N13 越南冷面 Mekong Noodles Salad Bowl 12
Seitan, shiitake, vermicelli, mixed greens, bean sprouts & carrots, peanut garnish, sweet, light-spicy nuoc cham sauce
- N14 奶油冬菇 Kale Avocado Shiitake Bowl 12
with soy filets, marinated mushrooms, soy bean avocado kale on rice, citrus-miso dressing



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Local
Postal Customer

Water & Soda

- Poland Spring (12oz) 1.5
Coke, Diet Coke, Sprite, Seltzer 1.5
St. Pellegrino 4

Lunch Special

11:00 noon - 3:30 pm • Mon.-Fri.

All come with miso soup & spring roll

- L1 烧田饼 BBQ Satay Tempeh 7
- L2 水煎杂菜 Steamed Assorted Vegetables 7
- L3 杂菜豆腐 Sauteed Tofu & Vegetables 7.5
- L4 鱼香茄子 Sauteed Eggplant & String Beans 7.5
- L5 甜不辣 Yam & Taro Tempura 7.5
- L6 杂菜鸡 Mixed Vegetable Soy Protein 8
- L7 柳汁排骨 Sweet Citrus Soy Protein 8.5
- L8 芒果鸡 Mango Soy Protein 8.5
- L9 咖喱鸡 Malaysian Curry Stew 8.5
- L10 黑椒牛 Black Pepper Seitan 8.5
- L11 九层塔 Basil Soy Protein 8.5
- L12 杂菜牛 Mixed Vegetable Seitan 8.5
- L13 鱼香牛 Garlic Sauce Seitan 8.5
- L14 鱼香鸡 Garlic Sauce Soy Protein 8.5
- L15 左鸡 General Tso's Soy Protein 8.5
- L16 甜酸鸡 Sweet & Sour Sesame Soy Protein 7.5
- L17 甜豆鸭 Smoked Teriyaki Seitan 8.5
- L18 无骨排 Vegan BBQ Ribs 8
- (No Rice)
- L19 炒米粉 Singapore Mai-fun Noodles 8.5
- L20 炒苏巴 Stir-fried Soba Noodles 8.5
- L21 冷面 Cold Green Tea Noodles 8.5
- L22 拍太 Pad Thai 8.5



INTERNATIONAL
KOSHER
COUNCIL

Pinellia
All-Asian Vegan
素食



TEL: (574)855-3390
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3601 Edison Road, Suite D,
South Bend, IN 46615

- Open Hours -

Monday - Thursday: 11:00 AM - 10:00 PM

Friday - Saturday: 11:00 AM - 10:30 PM

Sunday: 12:00 AM - 10:00 PM



Soup & Salads

S1	日本汤	Miso Soup	3
		<i>w/mushrooms, seaweed, tofu & scallions</i>	
S2	酸辣汤	Hot & Sour Soup	5
		<i>w/silken, tofu, mushroom & bamboo shoots</i>	
S3	南瓜汤	Pumpkin Soup	5
		<i>w/yam, white beans, onions, celery & cilantro</i>	
S4	绿沙拉	Green Salad	6
		<i>Mixed greens, beets & alfalfa sprouts, w/carrot-ginger dressing</i>	
S5	豆腐沙拉	Tofu Salad	7
		<i>Mixed greens, beets & alfalfa sprouts, w/carrot-ginger dressing</i>	
S6	日本沙拉	Hijiki Salad	7
		<i>Home-made marinated black seaweed w/edamame peas</i>	
S7	混合海苔沙拉	Seaweed Salad	8
		<i>Mixed green & black seaweed marinated & shredded</i>	
S8	菠菜沙拉	Spinach Salad	9
		<i>Baby spinach, pine nuts, beets, chick peas & alfalfa sprouts w/soy-citrus dressing</i>	
S9	牛油果沙拉	Avocado Salad	9
		<i>Thin-sliced avocado, mixed greens, alfalfa sprouts & beets, w/carrot-ginger dressing</i>	
S10	芒果沙拉	Mango Salad	9
		<i>Shredded mango, mixed greens, asparagus, peppers, alfalfa sprouts, beets, w/sesame-peanut dressing</i>	
S11	鸡片沙拉	Soy Protein Salad	9
		<i>Thin-sliced soy protein with almonds, mixed greens, beets, alfalfa sprouts w/sesame-peanut dressing</i>	



Sides

N15	椰子饭	Coconut White Rice	3
		<i>w/Raisins</i>	
N16	黄饭	Brown Rice	3
		<i>w/Soy beans</i>	
N17	南瓜	Steamed Pumpkin Slices	4.5
N18	泡菜	Kimchee	4.5
N19	水焯杂菜	Steamed Assorted Vegetables	6
N20	水焯绿色菜	Steamed Greens	6
		<i>Chinese broccoli, spinach & kale</i>	

Starters

A1	炸薯条	Fried Fries	2.5
A2	春卷	Spring Rolls	3.5
A3	夏卷	Summer Rolls	5
		<i>Vietnamese style raw w/shredded vegetables, cucumber, bean curd & basil leaves, w/moo-shu sauce</i>	
A4	芒果牛油果卷	Mango Avocado & Cucumber Roll	5
A5	毛豆	Edamame	5
		<i>Soy beans in the pod</i>	
A6	春油饼	Scallion Pancakes	5
		<i>w/homemade mango salsa</i>	
A7	冷豆腐	Cooled Silken Tofu	5
		<i>Mushroom sauce & sesame garnish</i>	
A8	菠菜卷	Oshitashi	5.5
		<i>Cold, boiled spinach rolls soy-citrus sauce</i>	
A9	炸豆腐	Agedashi-Tofu	5.5
		<i>Japanese-style deep-fried bean curd w/tempura sauce</i>	
A10	烧茄子	Grilled Eggplant	5.5
		<i>w/miso sauce</i>	
A11	烧田饼	Satay Tempeh	5.5
		<i>Indonesian soy cake, grilled in satay sauce</i>	
A12	甜不辣	Yam & Taro Tempura	6
		<i>Deep-fried root vegetables w/tempura sauce</i>	
A13	蒸烧卖	Steamed Spinach Shumai	6
		<i>Open-wrapped, minced vegetable</i>	
A14	煎水饺	Pan-fried Vegetable Dumplings	6
A15	蒸水饺	Steamed Vegetable Dumplings	6

A16	沙爹串	Seitan Skewers	6.5
		<i>Tender seitan, onions & bell peppers, grilled in satay sauce</i>	
A17	炸云吞	Stuffed Wontons	7
		<i>Deep-fried wontons w/soy cheese & spinach</i>	
A18	炸鸡块	Crispy Soy Protein	7
		<i>Breaded, deep-fried soy protein nuggets w/plum sauce</i>	
A19	炸咖喱角	Curry Samosas	7
		<i>Home-made vegetable pastries w/mint chutney dip</i>	
A20	鸡卷	Tofu Skin Wraps	7
		<i>Shredded vegetable & tofu rolled in tofu skin and deep fried w/tangy sauce</i>	
A21	王子菇	King-Oyster Mushrooms	8.5
		<i>Batter dipped king-oyster mushrooms, spicy sauteed w/slat pepper, scallions & diced bell-peppers</i>	

Mains

w/ brown rice & choice of miso soup or green salad

M1	麻辣豆腐	Mapo Tofu	11
		<i>Tofu w. green bean, Japanese mushroom, green & red pepper</i>	
M2	水焯杂菜	Steamed Assorted Vegetables	10
		<i>Broccoli, carrots, cauliflower, asparagus, zucchini, celery, sugar-snap peas & lotus with brown sauce on the side</i>	
M3	铁板豆腐	Tofu Teriyaki	11
		<i>Strips of tofu filet w/broccoli spears in teriyaki sauce, over a bed of bean-sprouts & onions</i>	
M4	杂菜豆腐	Sauteed Tofu & Vegetables	11
		<i>Tofu, broccoli, carrots, zucchini, lotus root, asparagus, sugar-snap peas and cauliflower, celery, sauteed in a rich brown kung-po sauce</i>	
M5	木须菜	Moo-Shu Vegetables	11
		<i>Shredded cabbage, shitake mushrooms, carrots & snow peas, spiced and sauteed, with hoisin sauce, w/4 pcs wrappers</i>	
M6	鱼香茄子	Eggplant & String Beans	11
		<i>Sauteed eggplant in basil garlic sauce on a bed of string beans</i>	
M7	翡翠菇	Jade Mushrooms	12
		<i>Crispy batter-dipped shitake mushrooms sauteed in a spicy sweet sauce over a bed of kale</i>	
M8	鱼香鸡	Soy Protein in Garlic Sauce	12
		<i>Broccoli, zucchini, red & green pepper, onion, shredded bamboo shoot, celery in garlic sauce</i>	

Hot & Spicy or Seasoned According to Taste

M9	鱼香牛	Seitan in Garlic Sauce	12
M10	杂菜鸡	Mixed Vegetable Soy Protein	12
		<i>Broccoli, zucchini, cauliflower, celery, lotus, sugar snap peas, carrots in brown sauce</i>	
M11	杂菜牛	Mixed Vegetable Seitan	12
M12	芒果鸡	Mango Soy Protein	13
		<i>Thin-slices medallions sauteed in a mellow plum sauce, w/mango, zucchini, asparagus, sweet saga-turnips, peppers, celery & onions</i>	
M13	牛汁排骨	Sweet-Citrus Soy Protein	13
		<i>Marinated, thick-sliced soy protein in a sweet and tangy citrus sauce topped w/almonds over a bed of kale</i>	
M14	甜酸鸡	Sweet & Sour Sesame Soy protein	13
		<i>Pineapple, green & red pepper w.sweet & sour sauce</i>	
M15	菠萝鸡	Pineapple Soy Protein	13
		<i>Cauliflower, celery, zucchini, sugar-snap bean, green & red pepper, onion & pineapple</i>	
M16	咖喱鸡	Malaysian Curry Stew	13
		<i>Mild, slow-cooked coconut curry w/soy protein, broccoli, carrots, zucchini, potatoes & pumpkin</i>	
M17	海鲜会	Fisherman's Vegetable Protein	13
		<i>Veggie "seafood" sauteed with oyster mushrooms, zucchini, cauliflower, carrot, lotus, asparagus & sugar-snap peas</i>	
M18	九层塔鸡	Basil Soy Protein	13
		<i>Thick, tender slices of soy protein sauteed in basil-ginger sauce w/zucchini, asparagus & peppers</i>	
M19	黑椒牛	Black Pepper Seitan	14
		<i>Tender, thin-sliced medallions of wheat protein, sauteed in a savory black-pepper brown sauce over a bed of Chinese broccoli</i>	
M20	雪豆鸭	Smoked Teriyaki Seitan	14
		<i>Sliced filets of smoked wheat protein in teriyaki sauce over a bed of snow peas</i>	
M21	豆豉鸡	Soy Cutlet Platter	14
		<i>Thick, breaded soy cutlets, sauteed in a tangy black bean sauce with broccoli, onion, bamboo shoots & stewed tomatoes</i>	
M22	左鸡	General Tso's Soy Protein	14
		<i>Breaded medallions of sauteed Soy protein with steamed broccoli, in a spicy brown sauce</i>	
M23	陈皮牛	Orang Seitan	14
		<i>Breaded medallions of wheat protein sauteed in a spicy citrus sauce, over a bed of broccoli</i>	
M24	全家福	Happy Family	14
		<i>Veggie seafood, soy protein, seitan, broccoli, cauliflower, zucchini, celery, snow peas, carrot, lotus, sugar-snap peas, fresh mushroom in brown sauce</i>	
M25	无骨排	Vegan BBQ Ribs	13
		<i>with BBQ sauce</i>	